It's fascinating how some dudes from hundreds of years ago were speaking truths that still apply today.

If I am to strive for Eudaimonia in my life going forward that's going to take a lot more mindfulness on my part. I feel like the corner I'm missing the most is Living with Arete. I am very good at focusing only on what I can control, and I am quick to take responsibility in most aspects of my life (There definitely is still work to be done here), but I am often not very self aware or mindful of my actions, and I rarely think about the gap between my current self and my ideal self unless it's about a specific skill I am practicing.

I would like to work on my generosity, I feel like I often am more stingey than I would like to be. I really only share if the person I am sharing with has also shared with me, and if they start sharing less so do I. A purely reciprocal sense of giving is not a great way to make and maintain new connections with people.